

Masks

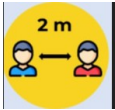
Recommendations for the general public

MASKS ARE MANDATORY AT ALL TIMES

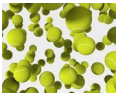


- Masks are mandatory at all times for everyone over six years old, even when a safety distance of 1.5 m can be maintained.

- Exceptions:



- Outdoors, only while smoking as long as a safety distance of 2 m can be maintained.



- While practicing physical or sport activities indoors, sports which require the use of specific courts, such as tennis, paddle, squash or on sports fields, only during the practice of these specific activities.



HOTELS, BARS AND RESTAURANTS

- Masks, must be left on except when you are drinking or eating.

Wearing the mask properly is important in order to ensure its efficacy. If the mask is not adjusted properly, it does not protect as it should.

NO



Do not leave nose uncovered



Do not wear the mask as a scarf



Do not wear the mask as a cap



Do not remove mask when speaking



Do not share the mask

YES



Wash hands before putting on the mask



Place adjustment straps behind ears



Place over nose and mouth



Fix nasal adjustment

Remember that in order to avoid outbreaks, if you have any symptom compatible with COVID-19, do not leave your home and phone health services at **881 00 20 21**